

AT-A-GLANCE: COVID-19 GUIDELINES FOR KOL HALEV GATHERINGS (March 2023)

GENERAL PRINCIPLES	<ul style="list-style-type: none"> Masking is always encouraged to protect your health and those of other community members. Our goal: Zero transmission of COVID at Kol HaLev gatherings In the absence of masking, other risk mitigation strategies (vaccination, self-monitoring, notification) are our <i>only</i> protection. 		
MASKING OPTIONS	CDC COMMUNITY RISK LEVEL		
	GREEN/LOW	YELLOW/MODERATE	RED/HIGH
OUTDOORS	VOLUNTARY	VOLUNTARY	RECOMMENDED
INDOORS	VOLUNTARY (once a month to start)	MANDATORY	MANDATORY
	COMMUNAL EATING/KIDDUSH		
	GREEN/LOW	YELLOW/MODERATE	RED/HIGH
INDOOR KIDDUSH	YES	YES	NO
OUTDOOR KIDDUSH	YES	YES	MAYBE
RITUAL KIDDUSH	YES	YES	YES
OTHER IMPORTANT RISK MITIGATION STRATEGIES			NOTES
VACCINATION	YES (to the extent your physician recommends)		Includes boosters
SELF-MONITORING for symptoms of COVID-19	YES. If you have symptoms of COVID-19 that are not clearly due to another cause,* please stay home and join us via zoom.		*symptoms of a chronic condition, like allergies or asthma
EXPOSURE to anyone who has tested positive for, or has symptoms of, COVID-19	If you're asymptomatic, you can attend indoor gatherings ONLY in a well-fitting quality mask.*		*an N95, KN95 or KF94 mask
	If you develop symptoms of COVID, do not come to any Kol HaLev gathering. Join us on Zoom.		Follow CDC quarantine and isolation protocols
CONFIDENTIAL DISCLOSURE	YES. If you attend a Kol HaLev gathering and within 5 days test positive for or develop symptoms of COVID-19, email us right away!		All information will be handled with confidentiality.

CDC community risk levels: www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html

Symptoms of COVID 19: www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

Quarantine & isolation protocols: www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html