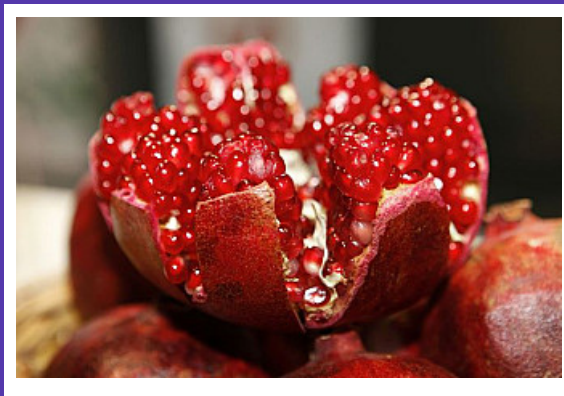


Simple Rosh Hashanah Seder

By Recustom



Made with  HIGH HOLIDAYS AT HOME

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INTRODUCTION

Introduction to Four Toasts Rosh Hashanah Seder

Contributed by [Recustom](#)

Source:

People have celebrated Rosh Hashanah with a festive gathering since Talmudic times. Weaving together symbolic foods with the familiar structure of a seder helps us start the new year mindfully.

During this brief seder, we'll make four toasts together and find opportunities for blessing and reflection. Each toast is centered on a way of understanding Rosh Hashanah - as a day of reawakening, of judgment, of remembrance and of recreation. The choice of beverage is up to you!

CANDLELIGHTING

Candlelighting for Rosh Hashanah

Contributed by [Recustom](#)

Source:

Nearly all Jewish holiday begin with lighting candles, and so this one will, too. After we light the candles we wave our hands in three big horizontal circles to symbolically bring the light closer to us, and then cover our eyes while we say the blessing. When the blessing is over take a moment of silent reflection with your eyes covered, and then open your eyes and enjoy the beauty of candlelight, bringing you into the new year.

**בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שְׁלִימוֹסָטוֹב**

*Barukh atah Adonai Eloheinu melekh ha'olam
asher kid'shanu b'mitzvotav v'tzivanu l'hadlik ner shel yom tov.*

Blessed are You, Adonai our God, Ruler of the Universe,
who has sanctified us with commandments, and commanded us to light
festival candles.

WINE BLESSING

Kiddush for Rosh Hashanah

Contributed by [Recustom](#)

Source:

Wine or grape juice are also standards of nearly every Jewish holiday. Before we eat we take a moment to say a blessing over a glass of wine. In this special version Rosh Hashanah is called Yom HaZikaron, the Day of Remembering, and Yom Truah, the Day of Calling Out. Tonight during our meal we will do some remembering, and some calling out. We will also focus on the gratitude we feel for the past year, and all of the blessings that it contained. L'chaim!

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגָּפֶן

Barukh ata Adonai Eloheinu melekh ha' olam borei peri hagafen.

Blessed are You, Adonai our God, Ruler of the universe, who creates the fruit of the vine.

Barukh atah Adonai Eloheinu melekh ha'olam asher bakhar banu m'kol am, v'romemanu m'kol lashon v'kidishanu b'mitzvotav. Vatiten lanu Adonai Eloheinu b'ahava et Yom HaShabbat ha'zeh v'et)Yom HaZikaron ha'zeh. Yom zichron teruah b'ahava mikra kodesh, zekher le'yitziat mitzrayim. Ki vanu vakharta v'otanu kidashtah m'kol ha'amim, u'devarkha emet v'kayam la'ad. Barukh atah Adonai melekh al kol ha'aretz, mekadesh haShabbat v'Yisrael v'Yom HaZikaron.

Blessed are You, Adonai our God, Ruler of the universe, who has chosen us from among all peoples and sanctified us with God's commandments. And

You gave us, Adonai our God, in love this Sabbath day and this Day of Remembrance. It is a Day of Remembrance a day for recalling with love the sounding of the Shofar, a sacred convocation, a commemoration of the Exodus from Egypt. For You chose us and sanctified us from among all peoples, and Your word is truth and endures forever.

Blessed are You, Ruler over all the earth, who sanctifies the Sabbath and Israel and the Day of Remembrance.

Blessing Our Festive Meal

Contributed by [Recustom](#)

Source:

On Rosh Hashanah and throughout the High Holiday season, we eat challah in the shape of a circle, to symbolize the circle of time, and the fullness of the year that is coming. Many people add even more sweetness to their first challah of the new year by adding apples and raisins or by drizzling honey or jam on top.

As you take a bite, share with others around the table how you hope to bring sweetness into the world in the New Year.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ

*Barukh ata Adonai Eloheinu melekh ha'olam,
hamotzi lekhem min ha-aretz.*

Blessed are You, Adonai our God, Ruler of the universe,
Who brings forth bread from the earth.

Blessing for Apples and Honey

Contributed by [Recustom](#)

Source: AJU Miller Intro to Judaism

For Ashkenazi Jews, the primary symbolic food of Rosh Ha-Shanah is apples dipped in honey, a way of wishing for a sweet new year. Before eating apples and honey, say the following blessings:

Barukh atah Adonai Eloheinu melekh ha'olam borei pri ha-eitz.

Blessed are You, God, Ruler of the universe, who creates fruit of the tree.

**Yehi ratzon lifanecha, Adonai Eloheinu, v'Elohai avoteinu, she'te'hadash
aleinu shanah tovah u'metukah.**

May it be Your will, Adonai our God, to grant us a good and sweet year.

Blessing for New Fruit

Contributed by [Recustom](#)

Source:



Each year, the first time we eat a fruit that only grows at a certain time of year, we say a special blessing, the shehecheyanu, on this new fruit.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שְׁהַחֲיֵנוּ וְקִיַּמְנוּ וְהִגִּיעַנוּ לְזֶמַן הַזֶּה

*Barukh ata adonai elohenu melekh ha-olam, she-hechyanu, v'kiy'manu,
v'higi'anu la-z'man ha-zeh*

Blessed are You, the One who has kept us alive and sustained us so that we could reach this moment.

Traditional Sephardi Rosh Hashanah Wishes

Contributed by [Recustom](#)

Source:

For centuries, Sephardi Jewish families have gathered to celebrate a special Rosh Hashanah ceremony with a plate or meal of symbolic foods. Each food is eaten after requesting a specific kind of Divine blessing that sounds like the name of that food in Hebrew.

Before eating dates (*tamar*):

May it be your will, God, that hatred will end. (*Tamar* resembles the word for end, *yitamu*.)

Before eating pomegranate:

May we be as full of mitzvot as the pomegranate is full of seeds.

Before eating apple:

May it be Your will, God, to renew for us a good and sweet year.

Before eating black-eyed peas or string beans (*rubia*):

May it be Your will, God, that our merits increase. (*Rubia* resembles the word for increase, *yirbu*.)

Before eating pumpkin or gourd (*k'ra*):

May it be Your will, God, to tear away all evil decrees against us, as our merits are proclaimed before you. (*K'ra* resembles the word for tear and proclaimed, *likroah*.)

Before eating spinach or beet leaves (*selek*):

May it be Your will, God, that all the enemies who might beat us will retreat, and we will beat a path to freedom (*Selek* resembles the word for retreat, *yistalku*).

Before eating leeks, chives, or scallions (*karti*):

May it be Your will, God, that our enemies be cut off. (*Karti* resembles the word for cut off, *yikartu*.)

Since Rosh Hashanah means the *head of the year*, we eat foods that

symbolize our wish to be heads, not tails in the year to come. Traditionally, families ate the head of a fish or sheep. You may want to instead enjoy a head of lettuce, or a more whimsical option involves gummy fish. May it be Your will, God, that our heads remain clear and focused on creating a better world this year.

SYMBOLIC NEW YEAR FOODS

Rosh Hashanah Seder Plate Foods (Simanim)

Contributed by [Recustom](#)

Source: Jessica Tamar Deutsch

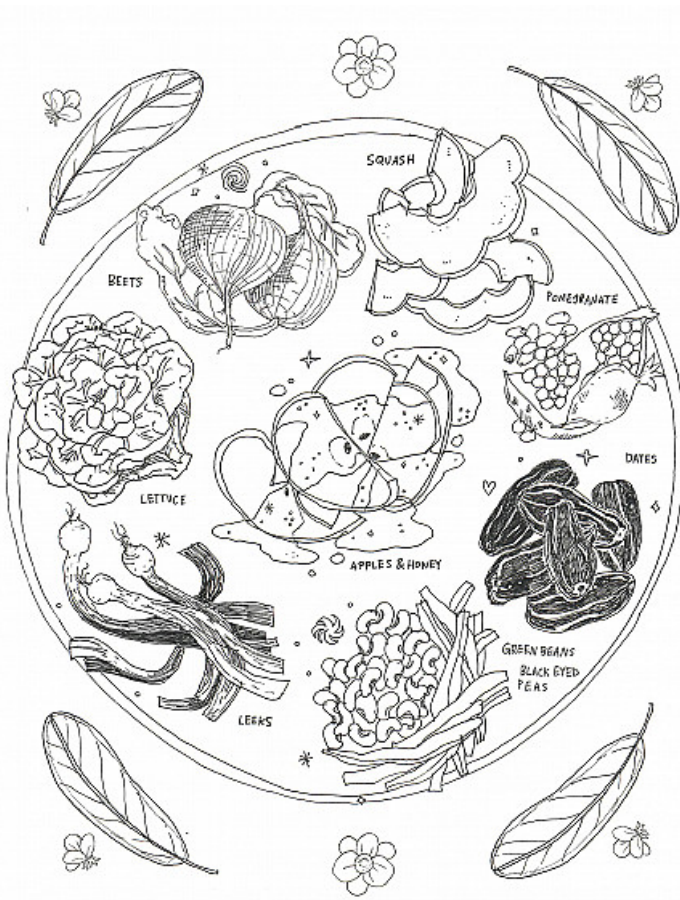


Illustration by Jessica Tamar Deutsch displaying the traditional simanim

CLOSING

Shana Tova

Contributed by [Recustom](#)

Source:



Shana Tova

(And sorry for all the weird stuff I did.)

CUSTOM & CRAFT

