

Kol HaLev Happenings

Newsletter of Cleveland's Reconstructionist Community

December 2009

It Takes a Kol HaLev Village

There are so many parts to providing a meaningful High Holy Days observance that it really takes a community working together to make it happen. Many folks have commented about how wonder-filled our High Holy Days were, and certainly the energy of 150 volunteers was no small part of that. People contributed in large and small ways, and each in their own way, manifesting that KHL works as a true community.

Here is a sampling of some of the pieces that combined to make up the whole: preparation and mailing of High Holy Days materials, service leaders, readers, speakers, Torah readers, greeters, ushers, bimah and ark set-up and take-down, flowers, sound system, Kol Nidre music, moving the mahzorim, childcare and snack arrangements, children's programming and madrichim, Rosh Hashanah luncheon, security, info table, food and Mazon donations, nametags, kiddush sponsors, registration table, pre-mailings, Yom Kippur break-the-fast hosts, set up and clean-up for each service and event.

We were so impressed with the responsiveness of volunteers that we want to recognize and thank everyone by name. (See list on page 6) Many members contributed without being asked, so we may not have gotten your names. If your name was inadvertently omitted, please let Judy Vida know (judyvida@sbcglobal.net).

TODAH RABAH –Many thanks to everyone!

Women's Shabbat Dinner

All KHL women are invited to a Shabbat potluck dinner, December 4 at 6:30 at Molly Berger's home in Shaker Heights. We'll have Shabbat blessings, singing and schmoozing. Please RSVP to Maureen Dinner at Maureendinner@gmail.com or 440-914-0404 if you would like to attend. Maureen will get back to you to confirm your potluck assignment and provide directions. Food should be dairy, veggie or fish. No meat, please.

Hanukkah Intergenerational Program

Sunday, December 13
5:00 – 7:00 p.m.

See details on page 8

Visit Kol HaLev's New Website!



www.kolhalev.net

From Our President - Allen Binstock

Our mission statement defines us as a participatory community, and our Harvest Moon Gala and Silent Auction demonstrated that we can live up to that lofty ideal. I am writing this message a day after the event, and I am struck by the extent to which our community pulled together to make such a successful evening. Not only did we join together to organize the Silent Auction and raise funds to help meet our budgetary needs, but we also had fun doing it.

A heartfelt thanks goes out not only to the organizing committee, but also to the membership as a whole because so many of you participated directly by either buying tickets and attending, donating items for the auction or bidding on items. Without the countless hours put in by the organizing committee (Leah Gilbert, Robin Shell, Mimi Plevin-Foust and Alan Weinstein) this event would not have happened. They solicited donated items from various merchants, artists, professionals and members. They bought the food and wine, hired the musicians and made the arrangements for the use of Ratner. And then, of course, there was all the work they did the day and night of the event. They were assisted at the event by Ami Kopstein, Traci Elgart, Mordy and Sue Pelleg, Peggy Mendes-Stern, Rachel Davidson and Sarah Klein.

(continued on page 4)

DIRECTORY		
Office 2245 Warrensville Center Road, #215 University Heights, OH 44118, www.kolhalev.net	Office Manager Judy Herdering 216-320-1498	
Officers President Allen Binstock First Vice President Greg Selker Vice President--Administration Alan Weinstein Vice President--Programming Lynn Liebling Secretary Judy Harris Treasurer Ami Kopstein	Committee Chairs Adult Education Sue & Eric Kisch Cemetery Mike Armin Child Care Coordinator Traci Elgart Development Vacant Finance Vacant Hesed Marianne Lax High Holy Days Nancy Hecht Claudia Weissman Holidays Deb Schein Kiddush Coordinator Robin Shell Membership Judy Vida Renee Siegel Newsletter Editor Sue Weidenbaum Newsletter Proofreader Beth Friedman-Romell	
Board Members at Large Barry Epstein Leah Gilbert Greg Millas Mimi Plevin-Foust Robin Shell Barbara Truitt Judy Vida	Rabbi Liaison Barry Epstein Selma Gwatkin Ratner Liaison Michael Caputo Religious Practices Barbara Truitt Tikkun Olam Vacant Torah Study Anna Kelman Usher Corps Mike Armin Webkeeper David Conn Tech Support Brian Miller Weekly Update Ron Kohn Youth and Family Education Kirby Date	
Ex Officio Board Members Past President - Sue Pelleg Rabbi Steve Segar Founding Rabbi Jeffrey Schein Director of Youth and Family Education Robyn Novick		

Rabbi Steve is available to meet with Kol HaLev members on a range of issues by appointment on Monday, Wednesday, Thursday and Friday mornings. Please contact him by phone at the office (216-320-1498) or by email (rabbisteve@kolhalev.net) to schedule a meeting time.

Rabbinic Corner — Rabbi Steve Segar

One of the things that anyone who studies religion in the modern period comes to understand is the fact that there are many parallels in the basic themes and types of celebrations across a range of cultures and traditions. One of the clearest examples of such a parallel is found in the large number of religions that have some kind of observance focused on light during the darkest time of the year. Rabbi Arthur Waskow has pointed out that not only does our festival of light take place at the darkest time of the solar calendar, but due to the fact that it begins on the 25th day of the lunar month, it falls at the darkest time of the moon as well. All cultures seem to understand instinctively the importance of staying in touch with light when the world is at its darkest, both literally and metaphorically.

I recently had the experience of reconnecting with the life of a person whose vision, courage and passion has served as a source of light for me in my own life. I attended, along with many other Kol HaLev members, an event to honor the memory of Rabbi Abraham Joshua Heschel at the Siegal College of Jewish Studies. Rabbi Heschel was known for many things, but the theme of this particular event was his passionate commitment to responding to injustice in the world wherever it might rear its head. We heard an amazing group of panelists reflect on the legacy of Rabbi Heschel's life, including his daughter Susannah (former Clevelander and professor of Jewish Studies at Dartmouth), Senator Sherrod Brown, Reverend Marvin McMickle (pastor of the local Antioch Baptist church), Congressman Louis Stokes, Andrew Young (former U.S. ambassador to the U.N. and right-hand man to Dr. Martin Luther King), and Steve Hoffman (president of the Cleveland Jewish Federation). All of them spoke of various ways in which both Rabbi Heschel and Dr. King had shown them the path leading to a future of justice and peace and had imbued them with a strong calling to continue the work that these two giants began, but were not able to bring to fruition. Listening to each of these panelists speak, I could feel the light from these lives shining into the present and compelling us all to consider how we too might participate in the furthering of their vision.

As we prepare to welcome the festival of lights this year, I think it would be an interesting and useful exercise for each one of us to give some thought to the people and experiences that truly serve as sources of light for us and make a conscious effort to engage with those sources of light in some way during the eight days of Hanukkah. In this way, may we both remind and goad ourselves to pursue the opportunities that are calling out our names to bring more light into the world.

Rabbi Steve

New and Easy Fundraising Opportunity

We have a new and easy fundraising opportunity for Kol HaLev which allows you to share your commitment and donate to Kol HaLev with your everyday purchases.

Under the auspices of the The Network for Good, Kol HaLev has partnered with Capital One Card Lab Connect to create our newest fundraising program, which helps us earn money effortlessly every day. Just carry one of our custom credit cards and 1% of all purchases made with the card will be donated to Kol HaLev. We'll also receive a \$25 bonus donation when you make your first purchase. And not only will you be donating to Kol HaLev with each purchase you make, you'll be helping to spread the word when people see your unique card, designed specifically for us. The process involves applying for a credit card at the following web address: www.cardlabconnect.com/supportkolhaley. The application takes only a few minutes to fill out, and you find out instantly if you've been approved. After that, it takes 7-10 business days to receive the credit card in the mail. Please feel free to contact the Kol HaLev office if you have any questions.

From Our President - Allen Binstock

(continued from page 2)

The numbers themselves show how successful the event was. First reports showed that we netted about \$6,500, which was about \$1,500 more than we had projected in our budget. At least 100 tickets were sold before the event, and the turnout appeared to be even greater than that. Also, at least 60 households in the community donated items for auction. These numbers demonstrate how much our members want this community to succeed. You turned out in large numbers to show your support. You donated items that you love or created and/or talents that you wanted to share, whether it involved making challah, serving meals or offering teaching opportunities. And you bought. Most items were bid on, and many were won by bidders who paid more than the market value.

And it was fun. There was music and dancing. There was Rabbi Steve telling some wonderful stories. There was the suspense of the 50/50 raffle. But most of all, there was the joy of spending time together in a relaxed atmosphere with good friends and family. And what a treat to have Fran Zamore spend some time with us and even offer her "B and B" as an item to bid on.

While there is much to celebrate and be grateful for regarding this successful fund-raiser, we must understand that it is only one step toward securing our financial health. In order to secure our financial future, we have to develop an ongoing culture of giving at Kol HaLev. We love and appreciate our amazing rabbi, education director and office manager as well as our new home at Ratner. To preserve these assets requires obtaining the funds to support them. You, the members, have shown a willingness to do that, but the need is ongoing and much of it has to be met through fundraising. The Board thanks you for your willingness to participate and to donate.

We are still facing a deficit for the current fiscal year. While we have the reserves to cover that deficit, we cannot continue for long spending more than we are taking in. We are not a community with large benefactors who can just reach into their pockets and eliminate any deficit we run. And we actually prefer it that way because that would give one or two people the potential to control our agenda as a community. But that means we all have to pitch in, and each member has to do the best that he or she can within their means.

Currently we have several initiatives to help us obtain the financial stability we would like to have. An ad hoc committee chaired by Barry Epstein has been formed to develop strategies to secure the funds we need. Also, the Board will be discussing fundraising and finance issues at its retreat on November 22. We are confident that whatever strategies we develop, our membership will give us the same support and enthusiasm that was displayed in response to the Harvest Moon Gala.

Allen

Our deepest thanks to Rabbi Steve and our friends at Kol HaLev for their thoughtfulness and support in organizing a last minute shiva minyan in memory of Louis's father, Harry Sternberg. Their warmth and kindness have helped us get through a difficult time.

Louis and Julie Handler

Hagiga Happenings

Recently I joined a small group of Kol HaLev members who came together on Super Sunday to make phone calls on behalf of the Jewish Community Federation of Cleveland's 2010 Campaign for Jewish Needs. While the Federation has a great explanation as to where your dollars go both locally and afar, I would like to take this opportunity to explain the great impact Federation dollars have on education at Kol HaLev.

Some of you may know that I am a member of several different Jewish education networks in Cleveland. The work that I do is varied and therefore it falls into several different categories, which has led to my membership in the Education Directors Network, Jewish Family Educators Network, and the Youth Professionals Network. Despite the many meetings, my involvement has yielded benefits for our community.

This past year we began to receive Congregational Enrichment Funds from the Jewish Education Center of Cleveland, the educational branch of the Jewish Community Federation. These funds are given to schools using a formula based on enrollment. We are able to use these funds for enrichment programming, such as bringing in special guests to lead projects like the Shofar Factory last year and Hands On Pottery this year. Other special events that will utilize these funds this year include some family programs and the Hagiga concluding program on May 16.

This is also the second year that we are receiving a Subvention Grant from the Jewish Education Center of Cleveland. The grant gives \$4,000 towards improvement of adolescent programming. Last year this paid for Shulamit Izen's visit to work with our children, dinner-making at Ronald McDonald House, doing a project with the kids at Interfaith Hospitality Network, attending the Cleveland International Film Festival and visiting the Maltz Museum. There are many fun activities planned for this year that will be covered by this grant.

Last year Kol HaLev children who were enrolled in Hagiga became eligible to participate in the Gift of Israel program, which is an Israel incentive savings program through the Jewish Education Center of Cleveland. All in all, participants can receive \$1,000 to use towards a peer Israel trip. If you are interested, I have more information as well as applications in the office.

Camp and Israel scholarships are other forms of support that we receive for our youth. Every first time camper is eligible to receive a scholarship to attend a Jewish camp. Second year campers at denominational camps, such as Camp JRF, can also receive funds. New guidelines should be released this month. Please let me know if you would like more information.

Although no one will tell you when they call your home that the Federation is supporting Kol HaLev, I would like you to know that they are. If you have any specific questions about amounts or requirements of their program, please feel free to ask. I can be reached in the office at robyn@kolhalev.net or 216-320-1498.

Robyn Novick

Chesed

Condolences to Rachel Kay and her children Sarah and Jojo on the loss of their father-in-law and grandfather, Leon Moritz

Condolences to founding member Fran Zamore and her family on the loss of Fran's mother, Mae Rebell Zelikow

Kol Ha Lev Runs on Volunteer Energy!

High Holy Days Volunteers

Adamson, Anne
Agopian, Sharon
Armin, Michael
Barnett, Benjamin, Halle and Max
Berger, Molly
Biagianti, Arthur
Binstock, Allen
Brooker, Lee
Caputo, Michael and Kareen
Carrick, Janice
Chasin, Abe and Muriel
Chenin, Fred
Cohn, Anita
Collin, E. Maxine
Date, Kirby
Davidson, Adina and Rachel
Dinner, Maureen
Dudwick, Nancy
Elgart, Scott, Traci, Ryan and Taylor
Epstein, Barbara and Barry
Epstein, Dick and Deena
Getz, Andy
Gilbert, Leah and Nathan
Glueckselig, Nina
Goldberg, Gil and Marcia
Goodman, Bruce and Brenda
Gray, Peter and Judy Vida
Gross, Linda
Gwatkin, Ralph and Selma
Hack, Maureen
Hagerling, Carl and Gwen Glazer
Hagesfield, Mike and Elise Collin
Hecht, Nancy
Hersch, Chuck and Shahin Afnan
Holzman, Robin
Immerman, Michael and Irene
Imrey, Peter
Jones, Richard and Jayne
Kamionkowski, Leah
Kanner, Steven and Karly Whitaker
Kay, Rachel
Kelman, Sam and Anna
Kisch, Eric and Sue
Klein, Daniel and Nancy Rubel
Kohn, Ron
Kopstein, Ami and Glenda Kupersmith
Korman, Neil and Diane
Kornspan, Lisa
Lesser, Ray and Sue Wolpert
Lewis, Ben and Bellamy Printz
Lieberman, Arthur
Liebling, Lynn
Lipson, Alan and Judy Harris
Litvene, Marilyn
Logsdon, Ernie and Jane Arnoff Logsdon
Malamud, Franklin and Maggie

Marcus, Bill and Michal
Maris, Frank and Phyllis
May, Chip
Mendes, Joe
Messinger-Rapport, Ken and Jacob
Millas, Greg and Pam
Miller, Brian and Jean
Nadler, Ginny
Ness, Ruth
Olsen, Eric and Jennifer Finkel
Pelleg, Mordechai and Susan
Pelsmajer, Julio and Aurelia
Petrack, Emory and Sammy Greenspan
Pincus, Gabriel and Kayla
Raddock, Mike and Chris Antenucci
Rahilly, Kevin and Margaret Cohen
Robertson, Pete and Heidi
Rosenblatt, Charles and Deborah Gross
Plevin-Foust, Mimi
Rosenfield, Allan
Schein, Jeffrey and Debby
Schultz, Stuart and Sharon
Selker, Greg, Lois and Sam
Shell, Robin
Siegel, Renee
Simon/Perkul, Jay and Debbie
Solomon, Larry and Jodi
Steinweg, David and Erica
Stern, Peggy and Barry
Stickley, Gabrielle
Sugerman, David and Peggy
Sussman, Vicki
Tonti, Mario and Roberta
Truitt, Barb
Villa, Sura
Wallach, Happy
Warner, Audrey
Weidenbaum, Kevin and Sue
Weinberger, Dick and Donna
Weinstein, Alan
Weinstock, Brent and Kate
Weiss, Eda
Weissman, Jeff and Claudia
Wilhelm, Jonathan
Williams, Rachel and David

**And many thanks as well for guidance and support
from KHL's hard working staff:**

Rabbi Steve Segar
Robin Novick
Judy Herdering

The Silent Auction Committee wishes to thank
the following people for their generous support
and help. We could not have held this event
without you:

All the bakers and volunteers	Maureen Hack	Mordy and Sue Pelleg
Sharon Agopian	Hands on Pottery	Pizzazz
Alexander's Floral Designs	Judy Herdering	Gloria Plevin
Janet Alter	Chuck Hersch	Bellamy Printz
Bed, Bath and Beyond	Robin Holzman	Reflexology by Arline
Art and Sue Biagianti	Michael Immerman	Bognar
Big Fun	In Flora Veritas	Rudy's Restaurant and Pub
Boulevard Blue	John Lee's VITALITY	Jeff and Deb Schein
Amy Brodsky	Dick and Jayne Jones	Ellen Schmidt
Mike Caputo	Leah Kamionkowski	Greg and Lois Selker
Janice Carrick	Sam and Anna Kelman	Sgro's Barbershop
Cedar-Green Wine Store	Dan Klein and Nancy Rubel	David and Robin Shell
Anita Cohn	Sarah Klein	Larry and Jodi Solomon
David Conn	Ron Kohn	Something Dada
Corky and Lenny's	Ami Kopstein	Erica Steinweg
Michelle Cooper	Larchmere Tavern	Stir Crazy
Kirby Date	Marianne Lax	Tai Chi Institute of
Mark and Adina Davidson	Ray Lesser and Sue Wolpert	Cleveland
Rachel Davidson	Ira Levinsky, DDS	Tanis Swan
Designs by Arielle and Pamela	Alan Lipson and Judy Harris	Mimi Testen, Dichroic
Dewey's Pizza	Celia Lewis	Designs of Shaker Heights
Dick's Sporting Goods	Marilyn Litvene	The Club House Company
Nancy Dudwick	David Litwin	The Original Pancake House
Barry and Barbara Epstein	Susan Lockshine-Reiner	The Stone Oven
Dick and Deena Epstein	Loganberry Books	Barb Truitt
Fine Points	Ernie and Jane Logsdon	Judy Vida
Jennifer Finkel	Maggie Malemud	Jessie Vigorito
First Watch	Maltz Museum of Jewish Heritage	Sura Villa
William Foust and Mimi	Bill and Michal Marcus	Vine and Bean Café
Plevin-Foust	Peggy Mendes-Stern	Happy Wallach
Fresh Market	Greg Millas	Alan Weinstein
Beth Friedman-Romell	Brian Miller	Kevin and Sue Weidenbaum
Leah Gilbert	Lila Miller	Dick and Donna
Nina Glueckselig	Nature Center at Shaker Lakes	Weinberger
Brenda Goodman	Robyn Novick	Fran Zamore
Selma Gwatkin	Paladar Restaurant	Shawn and Simcha Zevit

Every attempt is made to be sure that names are properly spelled.
We apologize in advance if there are any errors or omissions.

KOI HALEV Intergenerational Hanukkah Party

Sunday,
December 13, 2009
5:00 - 7:00 pm
The Ratner School



Latkes, Sufganiot, Hanukkiot, Oh My!
There will be activities for all ages including cooking, singing, music, debate, crafts and lively conversation.
Bring your favorite instrument to play, your family's hanukkiyah for our communal lighting and a parve/dairy dish to serve 10-12 people.

A-G Latkes

H-M Dessert or Drink

N-S Main Dish

T-Z Salad

Please contact Robyn with questions or to RSVP,
robyn@kolhalev.net or 216-320-1498.

Show your green spirit and get a Kol HaLev cup and bag of your own!

Cup \$6, Bag \$12, or Cup & Bag combo \$15.

Contact Judy at the office, judy@kolhalev.net or 216-320-1498.



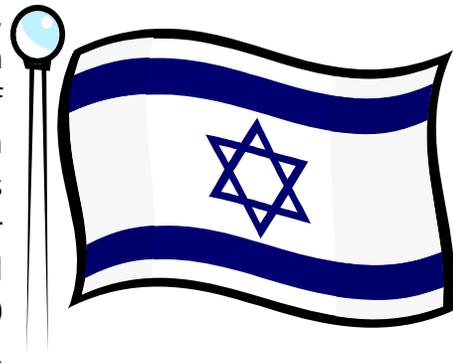
SUPPORT KOL HALEV

Did you know that your Amazon purchase can help Kol HaLev by making the purchase through the KHL website? It doesn't cost you a thing and Kol HaLev receives a referral fee. Go to the Kol HaLev website, www.kolhalev.net and click on the "Supporting Kol HaLev" tab on the far right and scroll down to the "Amazon Referral Program". By entering Amazon.com through the KHL link, Kol HaLev will benefit.



MONEY FOR ISRAEL TRIPS!

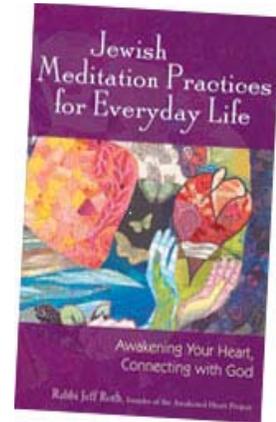
Kol HaLev is now participating in **A Gift of Israel**, the student Israel incentive savings program offered through the Jewish Education Center of Cleveland. The Jewish Community Federation matches \$100 a year for a maximum of 7 years provided that there is an annual deposit. The year of Bar/Bat Mitzvah, the child receives an additional \$300 from the Federation. **THAT IS \$1000 TOWARDS AN ISRAEL TRIP FOR YOUR CHILD.**



Students must be enrolled in one of the affiliated educational programs (Hagiga is affiliated) during the seven years of savings. Funds are available for approved peer Israel educational programs (JRF Israel trip is included) after a three year minimum enrollment and completion of 9th grade. Day school students may use their funds for the day school Israel experience. There are several family trips that qualify for use of the funds also. There is also an accelerated plan to make up for missing years. Kol HaLev will give \$10 for every year of participation. To receive an application contact Robyn, robyn@kolhalev.net or 216-320-1498. If you have questions about the program, please contact Helen Wolf at the Jewish Education Center of Cleveland, hwolf@jecc.org or 216-371-0446.

A Weekend with Rabbi Jeff Roth
“Jewish Meditation: The Wisdom of the Awakened Heart”
January 21st - 24th, 2010

Rabbi Jeff Roth is the founder and director of the Awakened Heart Project, dedicated to promoting Jewish contemplative techniques that develop *a heart of wisdom and compassion*. He is an experienced meditation teacher and facilitator of Jewish retreats, and the author of *Jewish Meditation Practices for Everyday Life*. Rabbi Roth is a co-founder of Elat Chayyim where he served as Executive Director and Spiritual Director for 13 years.



Thursday night January 21 7:00-9:00 PM, Siegal College
26500 Shaker Blvd. Beachwood
Jewish Meditation: A Path to Wisdom Kindness and Compassion

Join Rabbi Jeff Roth for an introduction to the purpose and practices of contemporary Jewish meditation. Using his newly published book, *Jewish Meditation Practices for Everyday Life*, Rabbi Roth will demonstrate how Jewish meditation can help us to uncover the obstacles to clear seeing that result in greed, a judgmental nature and unskillful behavior. These tools can help us experience the Divine Presence in our own lives and to act with more kindness to all those with whom our lives intersect.

To register for this program, call 216-464-4050.

For more information, contact Lynn Liebling, at ext. 150 or lliebling@siegalcollege.edu

Friday January 22, 9AM-4PM

Rabbi Roth will be available by appointment for individual psycho-spiritual counseling sessions which can help one develop practices to foster greater insight into life from a holistic spiritual perspective.

Sessions will be held at the office of Dr. Nancy L. Rubel, PhD, LLC , 23220 Chagrin Blvd., Suite 305.. E-mail Rabbi Roth at jeff@awakenedheartproject.org for an appointment.

Friday evening, 8:00 PM, Kabbalat Shabbat service at Kol Halev
The Lillian & Betty Ratner School, 27575 Shaker Blvd., Pepper Pike

Through chant, prayer, silence and teaching we will explore the Sabbath as a vehicle to break through the sense of isolation that often accompanies us as human beings, and to experience a sense of the Divine that pervades all Being.

Shabbat morning, January 23, 9-10 AM at Congregation Shaarey Tikvah
26811 Fairmount Boulevard, Beachwood

An hour of Jewish meditation, exploring the connection between the breath and the four letter Divine name that captures Judaism's sense of God. Using silence to attune the heart/mind to the Divine Presence is a powerful preparation for the Shabbat morning prayers.

Shabbat Morning Service, 10:15 AM at Kol Halev
The Ratner School, 27575 Shaker Blvd., Pepper Pike

The morning will combine chanting of parts of the morning liturgy with introductions to the meaning of the chants. Following each chant there will be some silent time for contemplating the words and allowing them to impact one's consciousness. This prayer practice allows for the cultivation of wholesome mind states fostering an appreciation of the Divine Presence that pervades existence. The morning will include a Torah service. Potluck lunch follows our prayers (Please bring only parve or dairy, and nut-free foods).

Saturday afternoon, January 23, 3:30 – 6:30 PM at Congregation Bethaynu
27900 Gates Mills Boulevard, Pepper Pike
Introduction to Jewish Mindfulness Meditation

This experiential and didactic workshop will allow participants time to practice an approach to meditation that integrates body and mind experiences. Through direct attention to the sensations of the body as well as the mental processes that accompany them it is possible to begin to understand the nature of the "self." It is in the very nature of the challenge of life as a human being that we lose a sense of the Divine Presence. Through didactic presentations on this approach and the time to practice with the teachings, participants will learn the basic skills needed to continue practice on their own. The workshop will include time for question and answers as well. The evening will finish with Havdalah.

Sunday Workshop, January 24, 10:30AM-4:30 PM
Congregation Shaarey Tikvah, 26811 Fairmount Boulevard, Beachwood
Opening the Heart through Meditation

In this daylong workshop, we will learn a practice of repeating phrases of blessing in one's own mind. This practice allows the cultivation of wholesome mind-states that increase the possibility of developing a compassionate heart towards oneself and towards all other beings as well. The day will focus on practice and be supported by instructions as well as Q&A sessions. This practice is a powerful antidote to negative self-criticism and harsh feelings towards others. In support of the practice participants will be asked to refrain from talking to each other until the end of the afternoon. Lunch will be provided. A \$20 registration fee covers facilities and lunch. Additional donations for the teaching will be appreciated.

TO REGISTER for any Friday evening through Sunday service or workshop, email Simcha Zevit at HaMakomCleve@aol.com no later than January 15. There is no fee for these events, (except the Sunday workshop), but donations to the Awakened Heart Project will be appreciated. For further information or questions contact Simcha Zevit at 216-292-1137.

WEEKEND SPONSORED BY: The Awakened Heart Project, Congregation Bethaynu, Congregation Shaarey Tikvah, HaMakom, Kol HaLev, Nancy L. Rubel, PhD, LLC, and Mindful Moments, Siegal College

Chug HaSefer — Book Discussion Circle

The book group will meet on Thursday evening, December 17, at 7:30 p.m. at Peter Gray and Judy Vida's home to discuss *Foreskin's Lament: A memoir* by Shalom Auslander. Reviewers on Amazon have described this book as "darkly humorous...painfully honest...(and) a reflection on the role of faith and ritual in modern life."

The book for the January 28 meeting will be *A Woman in Jerusalem* by A.B. Yehoshua.

For more information contact Peter Gray at p.gray@sbcglobal.net or 440-646-1390.

All KHL members are welcome to attend.

Contributions

Kol HaLev gratefully acknowledges the following contributions:

- Mimi Plevin-Foust and Bill Foust in commemoration of the yahrzeit of Leon Plevin and of Rose Plevin
- Michael Raddock to Rabbi's Discretionary Fund
- Ruth Fink in honor of her children, Judy Harris and Alan Lipson
- Eda Weiss in commemoration of the yahrzeit of Rose and Harry
- Richard and Jayne Jones in memory of Leon Plevin
- Louis and Julie Handler in memory of Harry Sternberg, Louis' father
- Ester and Jay Leutenberg to Rabbi's Discretionary Fund in memory of Fran Zamore's very special mom, Mae Zelikow
- Neil and Diane Korman in memory of Fran Zamore's mother, Mae Zelikow
- Mike Armin to Rabbi's Discretionary Fund in appreciation for Rabbi Steve doing a stone setting
- Michael and Karen Caputo in honor of the bar mitzvah of Ravi Lesser
- Helen Zipper in commemoration of the Yizkor of her loved ones
- Dick and Deena Epstein in honor of the bar mitzvahs of Ravi Lesser and Steven Friedman-Romell and in memory of Fran Zamore's mother, Mae Zelikow

Kol HaLev thanks the following member for a contribution to the Securing Our Sacred Space Campaign:

- Fran Zamore
- Judy Harris and Alan Lipson

Yahrzeits

They are now a part of us as we remember them.

Members of Kol HaLev will mark the following yahrzeits during December:

Renee Pincus – mother of David Pincus

Mary R. Manny – mother of Meg Manny

Marguerite Dresden – aunt of Phyllis Maris

Adolph Kohn – father of Ron Kohn

Jerome Pincus – father of David Pincus

Kol HaLev members may include the yahrzeit of family members in KHL Happenings by submitting the name of the deceased, the relationship to the member and the date of death, including the year, in either the secular or Jewish calendar to JudyHerdering@kolhalev.net .

DECEMBER 2009 KOL HALEV CALENDAR

- Friday 4 6:30 p.m. – **Women’s Shabbat Dinner** at the home of Molly Berger, 19744 Chagrin Boulevard, Shaker Heights
- Saturday 5 10:15 a.m. - **Shabbat Service** preceded by Torah discussion at 9:30 a.m. at Ratner Chapel; *Vayishlah*; service leader, Simcha Zevit; Torah discussion leader, Simcha Zevit; Kiddush co-hosted by Maureen Dinner, Sharon Agopian, and Dick and Deena Epstein in honor of KLH and being a member of the family
- Saturday 5 10:15 a.m. – **Hagiga**
10:45 – Tot-Parent Shabbat Program for families with children in preschool and under in the Room 113 – Room 114. The program is about a half an hour, led by Rachel Williams. Babysitting is available before and after Tot Shabbat, also in Room 113 – Room 114.
- Saturday 12 3:30 p.m. - **Torah Study** at the home of Leah Kamionkowski, 9 Chelsea Court, Beachwood. 216 464 2940. We will meet at 3:30 P.M. and continue our discussion of the prophets, Joel and Amos. All Kol HaLev members are invited.
- Sunday 13 5:00 - 7:00 p.m. – **Hanukkah Intergenerational Program** at The Ratner School
- Monday 14 7:30 p.m. – **Board Meeting** at the home of Judy Vida and Peter Gray, 5246 Dogwood Trail, Lyndhurst; 440-646-1390. All Kol HaLev members are welcome.
- Thursday 17 7:30 p.m. - **Book Group** at the home of Judy Vida and Peter Gray; 5246 Dogwood Trail, Lyndhurst; 440-646-1390 or p.gray1@sbcglobal.net
- Saturday 19 10:15 a.m. - **Shabbat Service** preceded by Torah discussion at 9:30 a.m. at Ratner Chapel; *Miketz*; service leader: Adina Davidson; Torah discussion leader: Lynn Liebling; Kiddush co-hosted by Dick and Jayne Jones, Maureen Hack, and Jonathan Wilhelm
- Saturday 19 10:15 a.m. – **Hagiga**
10:45 – Tot-Parent Shabbat Program for families with children in preschool and under in the Room 113 – Room 114. The program is about a half an hour, led by Rachel Williams. Babysitting is available before and after Tot Shabbat, also in Room 113 – Room 114.
- Wednesday 23 7:30 p.m.-**Mindful Jewish Practice** at the home of Molly Berger, 19744 Chagrin Boulevard; Shaker Heights, 216-752-5434
- Friday 25 6:00 p.m. – **Chinese themed potluck and Sing-a-long** at the Davidson's home; 3681 Winchell Road, Shaker Heights. Please rsvp to 216-295-1715 or AdinaDavidson@sbcglobal.net. No desserts, we will be serving Harvest Moon leftovers!
Pot luck assignments:
A-H – Drink or Fruit
I-P - Main Dish
Q-Z – Salad/Appetizer
The dishes should be vegetarian/dairy or pareve and SHOULD NOT CONTAIN NUTS. Please bring enough for 8-10 people.
- Saturday 26 10:00 a.m. - **Shabbat Morning Service** at Ratner Chapel; *Vayigash*; service leader: Rabbi Steve; Kiddush hosted by Stuart and Sharon Schultz

See our website calendar and weekly email for additions and changes.

Kol HaLev Happenings

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